



PRE-TREATMENT ADVICE FOR PERMANENT MAKEUP
I understand I will not take the following for two days prior to treatment: anti-inflammatories, aspirin, alcohol, antibuse.
Signature: _____
Date: _____ Name (print): _____

For all treatments:

- A patch test must be performed between 24-48 before the procedure. We may send this to you to perform at home, by applying to the skin behind your ear.
- Please wear your normal makeup on the day of the treatment, but bring your usual makeup remover with you, so it can be safely removed before treatment.
- Please don't drink alcohol for two days before treatment.
- Please don't take pain killers (eg ibuprofen and aspirin), or blood thinners (such as Warfarin) for two days before and after the treatment. NB – if you are taking a prescribed medication, do not stop taking it without checking with your doctor first.
- We advise you not to make social plans for the day of the treatment, as the treatment can leave the skin temporarily swollen, sensitive or red.
- Wash your hair before your appointment! It is important to keep the treated area dry and clean for several days, so we advise you not to wash your hair for a few days afterwards.

Eyebrows:

- Please do not wax your eyebrows within 48 hours of your treatment.
- You should not have electrolysis within five days either side of your treatment.
- Please do not tint your eyebrows for two weeks before or after treatment.

Eyeliner:

- Lash tinting and perming must not be done for a week before treatment and two weeks after treatment.
- Eyes are a very delicate area, so if you are planning to travel by car, please ensure you have another driver with you, in case of swelling.
- If you wear contact lenses, you will have to remove them during the treatment and for a minimum of 24 hours afterwards (or until you feel comfortable), so please remember to bring your glasses.

Lip liner / blush:

- Cold sores. Whilst lip treatments do not cause cold sores, if you have ever had a cold sore in the past, the treatment can potentially trigger an outbreak. We therefore advise anyone who has ever had a cold sore to speak to their doctor and get a prescription for an appropriate medication to prevent any outbreak. This should be started a week before and continued for a week after treatment.
- If you are unable to get a prescription from your doctor, please ask your local pharmacist for an appropriate treatment. This should be started a week before treatment and continued for a week afterwards.
- Lip waxing or bleaching should not be done for two weeks before or after a lip treatment.